

## Attention Parents of Student Athletes

### **OKM Parent Symposium "Raising a Citizen-Athlete"**

**Thursday Nov. 15<sup>th</sup> in the OKM Multi**

**Reception from 6:30 – 7:00**

**Symposium from 7:00- 7:45**

Featuring Guest speaker Vincent King. Mr. King is a former 'All-American' and professional athlete who has coached at all amateur levels. He is also the parent of an aspiring and highly successful NCAA Division 1 athlete. His presentation will focus on the challenges that parents of student athletes face as they support their children through their high school years balancing their athletic aspirations with their many other demands.

This is a free session being offered through the OKM Athletic Dept. and OKM administration. We invite parents of student athletes in ANY SPORT to attend and engage in this valuable learning.

**MARK your calendar and plan to attend.**

For more information please contact Bruce McKay

RSVP to [bruce.mckay@sd23.bc.ca](mailto:bruce.mckay@sd23.bc.ca)

PLEASE NOTE: This session follows the free basketball Coaching Seminar from 4:30 – 6:00 taking place in the OKM gym. All OKM parent and community Basketball coaches are invited to attend.